### Thyroid (Core Hormone) SYMPTOM SURVEY

**Patient Name:** __________________________

**DOB: / / / ** Ht:_____ Wt:______ Date: ________________

I understand that the Thyreoflex® uses a reflex hammer that may leave a bruise, as such; I will not hold the Practitioner or NiTek Medical Inc. responsible for any injury, initial here.

**Do you suffer from any of the following?**

**Rate your symptoms below from a scale of: 0 to 3 (0 = None, 1 = Mild, 2 = Moderate, 3 = Severe)**

**Thyroid**
- ___ Tiredness & Sluggishness, lethargic
- ___ Dryer Hair or Skin (Thick, dry, scaly)
- ___ Sleep More Than Usual
- ___ Weaker Muscles
- ___ Constant Feeling of cold (fingers/ hands/ feet)
- ___ Frequent Muscle Cramps
- ___ Poorer Memory
- ___ More Depressed (mood change easily)
- ___ Slower Thinking
- ___ Puffy Eyes
- ___ Difficulty with Math
- ___ Hoarser or Deeper Voice
- ___ Constipation
- ___ Coarse Hair / Hair loss / brittle
- ___ Muscle / Joint Pain
- ___ Low Sex Drive / Impotence
- ___ Puffy Hands and Feet
- ___ Unsteady Gait (bump into things)
- ___ Gain Weight Easy
- ___ Outer Third Of Eyebrows Thin
- ___ Menses More Irregular (should be 28 Days)
- ___ Heavier Menses (clothing +3 days)
- ___ Carpel Tunnel Syndrome

**Total HYPO Score (8)**

- ___ Palpitations (Skipping of heart beat)
- ___ Insomnia
- ___ Tachycardia (Rapid or irregular heart beat)
- ___ Shakiness
- ___ Increased Sweating
- ___ Brittle Nails
- ___ Loss of Appetite

**Total HYPER Score (0)**

- ___ Rapid heart beat
- ___ I’m stressed out
- ___ Have eczema, psoriasis, skin allergies, rashes
- ___ Digestive problems
- ___ Easily confused
- ___ Wake up tired (The following 6xQ’s are Y/N)
- ___ Wake up full of energy (Y/N)
- ___ 2 to 4 pm feel tired, seek snack/Tea/Coffee/Coke (Y/N)
- ___ Fall asleep in front of TV/reading/computer (before bed) (Y/N)
- ___ As soon as I go to bed- Drop straight to sleep (Y/N)
- ___ Need to read/TV-10 to 15 mins to drift into sleep (Y/N)

**Total Adrenal (3)**

**Iodine/Iodide**

- ___ Fibrocystic Breast/lumps /ovarian cysts / Fibroids/Prostate
- ___ Goiter Bulge Or Band Around the Neck
- ___ Slow Speech
- ___ Enlarged tongue / Teeth impressions
- ___ Puffy Face Puffy Hands

**Total Iodine/Iodide Symptoms (0)**

- ___ Do you use salt with iodine added Y/N
- ___ Number of days per week you eat seafood/shellfish* 
- ___

**Total Iodine In (0)**

- ___ If awakening, (in middle of night), cannot get back to sleep
- ___ Wake up during the night
- ___ Upon waking feel tired
- ___ Rapid heart beat
- ___ My mind is busy when I want to sleep

**Total Melatonin (2)**

**CoQ10 (1)**

- ___ Do you have stamina Y/N

**ACTH**

- ___ Do you lack willpower & energy Y/N
- ___ Pale complexion/sunburn easily Y/N
- ___ Patches of hair loss Y/N
- ___ Often have Memory Loss Y/N

**Total ACTH (2)**

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### Check Results for: Antibodies Test (TPOab/Tgab) = If: (Hypo = 12+, Hyper = 7+, Includes-Tachycardia and or Palpitations  Yes / No

**Test Results:** Practitioner’s Name: __________________________

**PH #: __________________________**

**Last 4 #’s of Ppd/D: __________**

**Patient’s Menses start Date: ________________**

**Hypo/Hyper: ___________Hyper = <50, Hypo = >136. Reflex of 50 to 100 = (Optimal). 100 to 120 = (Satisfactory). 120 to 135 = B/L.(Supplements). 136+ = (Nat Hormones)**

**RMR**: _____________(Women=2,250 cal/day, Men=2,750 +/- 250 cal/day for over/underweight or aged)

**RMR**: Will show a reading of about 400 calories below baseline (before treatment)

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### NiTek Medical, Inc.

**www.nitekmedical.com**  **www.thyroidinstitute.org**  **www.forneed.org**

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**Sudden Death**

- High or Low blood pressure
- High Cholesterol & other blood fats
- Vascular (blood vessel) Disease
- Diabetes
- Neurological (Parkinson’s like diseases)
- Double Alzheimer’s Risk
- Arthritis and inflammatory diseases
- Miscarriage & Premature birth
- Pregnancy Complications & birth defects

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**Psychiatric Syndromes**

- Depression
- Schizoid or affective psychoses
- Bipolar disorders
- Skeletal System
- Arthralgias (joint stiffness)
- Joint Effusions & Pseudogout
- Carpal Tunnel Syndrome
- Other Risks
- Essential Hypertension
- Difficulty swallowing

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**Polymyalgia**

- Brittle Nails
- Increased Sweating
- Shakiness
- Tachycardia (Rapid or irregular heart beat)

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**Insomnia**

- Carpel Tunnel Syndrome
- Difficulty swallowing
- Polymyalgia
- Thyroid

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**Calcium**

- Paresthesias
- Headache
- Deafness (nerve or conduction)
- Vertigo or Tinnitus (ringing in the ear)

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**Cognitive Deficits**

- 90% of patients suffer from:
  - Memory loss
  - Reduced attention span
  - Calculation

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**Neurological symptoms**

- 70% of patients suffer from:
  - Headache
  - Vertigo or Tinnitus (beginning to the ear)
  - Sleep apnea
  - Myxedema coma

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**Manifestation of Misdiagnosed Hypothyroidism: Neurological symptoms**

- Headache
- Paresthesias
- Cerebellar ataxia (incoordination)
- Deafness (nerve or conduction)
- Vertigo or Tinnitus (ringing in the ear)
- Cognitive Deficits
- Calculation, memory, reduced attention span
- Sleep apnea
- Myxedema coma

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